



What's on the Menu?

Middle School School Lunch

September 2026

Meal prices: Lunch, \$2.70

Monday	Tuesday	Wednesday	Thursday	Friday
Melissa M. Read Director of Dining Services Please Contact me with any Questions Melissa.Read@Compass- usa.com	1	2  Popcorn Chicken Bowl Popcorn Chicken, Local Mashed Potatoes, Buttered Corn, Gravy Topped with Cheddar Cheese	3 Brunch for Lunch Scrambled Eggs, Sausage, Home fries Toast Served with a Fresh Fruit Salad	4 Baked Macaroni & Cheese with Popcorn Chicken or Pork Carnitas Cinnamon Roasted Sweet Potatoes Breadstick
7 Labor Day No School	8 Southwest Baja Bean Tacos Or Nacho Bar Pico de Gallo Shredded Cheddar Sour Cream  Local Corn on the Cob	9 Local Primary Day No School	10 Spaghetti with Italian inspired meat sauce Local Savory Green Beans Breadstick 	11 Loaded Local Fries BBQ Pulled Pork Buttermilk Coleslaw Garlic Bread 
14 Sweet & Sour Popcorn Chicken Brown Rice Local Roasted Green beans & Carrots 	15 Seasoned Beef or Buffalo Chicken Nachos or Bean Tostada Pico de Gallo Elotes Style Corn w/ chili	16 Korean inspired Bibimbap Bowl (Brown rice, Veggies, Sesame, BBQ Sauce)	17 BBQ Chicken Thighs Local House made Combread Local Cucumber & Tomato Salad	18 Pasta Station Chicken Alfredo Or Ziti & Meat Sauce Garlic Bread Sauteed Broccoli
21  Local Monkfish Patty With a Chipotle Aioli Caribbean Coleslaw Local House made Combread	22 Beef Enchiladas Or Nacho Bar Jalapeno Corn Bake Cilantro Lime Rice	23 Nashville Hot Chicken Sandwich Pickles Tatar Tots Southern Coleslaw	24 Philly Cheese Steak Sandwich Local Roasted Green Beans 	25 Roasted Jamaican Jerk Chicken Mango Chutney Roasted Pineapple Cilantro Lime Brown Rice
28 Chicken Lo Mein Local Roasted Orange Ginger Cauliflower	29 Bean Tostada Or Nacho Bar Pico de Gallo "Local" Elotes Style Corn w/ Chili	30 Brunch For Lunch Rhody Bowl (Local Roasted Potatoes, Bacon, Scrambled Egg, Peppers & Onion, Cheddar) Flakey Biscuit		

	grilled		ON THE GO	extra extra
Cheese & Pepperoni Pizza Specialty Pizza	Hamburgers Cheeseburgers Crispy Chicken (Plain or Spicy) Sandwiches Nashville Chicken Sandwich Thursdays: Local Fries	Veggie Burgers, Grilled Cheese	Sandwiches, Wraps, Salads, Yogurt Parfaits, and Smoothies	A Variety of Fruit, Vegetables, or Salads (Fresh, Local, or Canned)

 Vegetarian

 Locally Grown

All meals served with milk.

If you have a food allergy or
intolerance, please notify us.

This institution is an equal opportunity provider.

chartwells
serving up happy & healthy