

What's on the Menu?

December 2023

Myron Francis Elementary Lunch

Weekly Offerings

Monday: #2 Crispy Chicken Sandwich
#3 Yogurt & Veggie Fun Lunch

Tuesday: #2 4X6 Cheese Pizza
#3 Popcorn Chicken Salad Plate

Wednesday: #2 Mozzarella Sticks
#3 Marinara Sauce
#3 SunButter & Jelly Sandwich

Thursday: #2 Cheeseburger
#3 Hummus Fun Lunch

Friday: #2 Chicken Nuggets w/ Dinner Roll
#3 Turkey B.L.T
Fruit, Vegetable, & Milk Offered

Daily Offerings

Monday: Grape Tomatoes
Tuesday: Power Peas
Wednesday: Baby Carrots & Dip
Thursday: Broccoli Bites & Dip
Friday: Roasted Chickpeas

A Variety of Unlimited
 Fruit, Vegetables, or Salads
 (Fresh, Local, or Canned)



Vegetarian Locally Grown

Monday	Tuesday	Wednesday	Thursday	Friday
<p>#1 Bacon Burger Lettuce, Tomato & Cheese Potato Smiles</p>	<p>Melissa M. Read Director of Dining Services Please contact me with any Questions Melissa.Read@Compass-usa.com</p>			<p>#1 Cheese Pizza Garden Salad Roasted Chickpeas Warm Blueberry Crisp</p>
<p>#1 Bacon Burger Lettuce, Tomato & Cheese Potato Smiles</p>	<p>#1 Homemade Mac & Cheese Seasoned Mixed Vegetables</p>	<p>#1 Sloppy Joe Sandwich Garden Veggie Salad Tater Tots</p>	<p>#1 Mini Maple Pancakes Chicken Sausage String Cheese Cinnamon Roasted Sweet Potato Wedges</p>	<p>#1 Cheese Pizza Crisp Caesar Salad Roasted Garbanzo Beans Warm Blueberry Crisp</p>
<p>#1 Chicken Tenders Dinner Roll Local Mashed Potatoes Orange Glazed Carrots</p>	<p>#1 Local Beef Chili Steamed Broccoli Dinner Roll Local Cheese Roasted Potato Wedges</p>	<p>#1 Turkey Dinner w/all the Fixings Roast Turkey & Gravy Local Mashed Potatoes Cranberry Sauce Warm Blueberry Crisp</p>	<p>#1 "Angry Bird" Grilled Chicken Sandwich With or Without Buffalo Sauce Lettuce & Tomato Carrot & Celery Sticks with Blue Cheese Dressing</p>	<p>#1 Cheese Pizza Kale & Apple Salad With Chickpeas Warm Blueberry Crisp</p>
<p>#1 Chicken lo Mein Whole Grain Noodles Chicken & Sliced Carrots in a Teriyaki Glaze Asian Vegetables</p>	<p>#1 Salisbury Steak An Old Fashioned Favorite lean ground beef patty topped with savory brown gravy Local Whipped Potatoes Dinner Roll</p>	<p>#1 French Toast Sticks Chicken Sausage Fresh Cut Melon</p>	<p>#1 Nachos "Local" Ground Beef Tortilla Chips Lettuce, Salsa, Cheddar Cheese Cilantro Lime Rice</p>	<p>Holiday Break</p>
<p>Holiday Break</p>	<p>Holiday Break</p>	<p>Holiday Break</p>	<p>Holiday Break</p>	<p>Holiday Break</p>

Meal prices: Reduced \$.40 Paid \$2.70
 This Institution is an equal opportunity provider

