















What's on the Menu?

December 2023

Secondary Lunch

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|--|
|  Melissa M. Read Director of Dining Services Please contact me with any Question Melissa.Read@Compass-usa.com | | | |  1 Sloppy Joe Sandwich French Fry Bar! Wedges, Spirals & Krinkle Cut French Fries Asst. Toppings & Sauces |
|  4 Oven Roasted Chicken Herb Roasted Potatoes Roasted Brussel Sprouts Dinner Roll |  5 Pulled Pork Sandwich or Nashville Hot Chicken Sandwich Cuban Pineapple Salsa Dirty Rice |  6 "Italian Pasta Bar" Assorted Pastas Chicken Parmesan or Italian Meatballs Alfredo or Marinara Sauce Crisp Caesar Salad Garlic Bread | 7 Grilled Chicken & Peppers "Quesadilla's" Or Nacho Bar Pico de Galo, Guac Cheesy Jalapeno Corn Bake | 8 Greek Gyro Station Grilled Chicken or Veggies On a Warm Flat Bread Topped with Cucumbers, Tomato & Tzatzaki Sauce "Local" Greek Potato Salad |
|  18 "Cheeseburger Pasta Bake" Local Ground beef tossed with Homemade Mac & cheese and a variety of toppings |  12 Beef Burrito's Or Nacho Bar Local Beef Spanish Rice Pico de Gallo Mexican Corn Salad |  13 "Jamaica" Roasted Jerk Chicken Mango Chutney "Callaloo" (Braised Greens) Cilantro Lime Rice |  14 "Sandwich Shop" Meatball & Provolone Or Italian Grinder Customized with your Choice of Toppings Served with Baked Fries |  15 Asian Station General Tso's Chicken Or Chicken Chow Mein Lucky Fried Rice Steamed Broccoli |
|  18 Soup & Sandwich Grilled Cheese With Your Choice Chicken Noodle Soup Or Minestrone Served with Fries |  19 Local Potato Bar Veggie Chili Roasted Broccoli Sauteed Onions Cheddar Cheese Dinner Roll | 20 "Holiday Meal" Pinwheel Stuffed Pork Loin Roast Pork Stuffed with Spinach & Roasted Red Peppers Lemon Rice Pilaf Fresh Green Bean Casserole |  21 Bean & Cheese Burrito Or Nacho Bar Local Beef Spanish Rice Pico de Gallo Mexican Corn Salad | 22 Holiday Break |
| 25 Holiday Break | 26 Holiday Break | 27 Holiday Break | 28 Holiday Break | 29 Holiday Break |

Daily Offerings

 2
 Assorted Calzones
 Cheese, Pepperoni & Specialty
 Pizza offered Daily

grilled
 Cheeseburgers, Chicken Patty,
 Spicy Chicken Patty, Chicken
 Nuggets or Tenders
 Baked Fries

extra extra
 A Variety of Unlimited
 Fruit, Vegetables, or Salads
 (Fresh, Local, or Canned)

ON THE GO
 Sandwiches, Wraps, Salads,
 Yogurt Parfaits, and Smoothies

Veg Out
 Veggie Burgers, Grilled Cheese
 Assorted Garden Salads

Meal prices: \$.40 Reduced \$2.95 Paid
 This Institution is an equal Opportunity provider

 Vegetarian  Locally Grown