

## June 2023 Secondary Lunch Menu

			<b>1</b>	<b>2</b>
			<p><b><u>"Road Trip" Southwest Chili Bar</u></b> Homemade Beef &amp; Bean Chili Shredded Cheddar, Sour Cream Diced Onion &amp; Olives Warm Corn bread</p> <p>A variety of Chilled Fruit &amp; Vegetable Bar Variety of Milk</p>	<p><b><u>Picnic Lunch</u></b> Beef Burgers or All Beef Hot Dogs Pasta &amp; Potato Salad Garden Salad Sliced Watermelon</p> <p>A variety of Chilled Fruit &amp; Vegetable Bar Variety of Milk</p>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<p><b><u>"Rush Hour" Breakfast Bar</u></b> Assorted Breakfast Breads Toppings May include Bacon, Sausage, Ham, Egg &amp; Cheese Mini Yogurt Parfaits Seasoned Home Fries</p> <p>A variety of Chilled Fruit &amp; Vegetable Bar Variety of Milk</p>	<p><b><u>Mac &amp; Cheeseology</u></b> Spicy Buffalo Chicken BBQ Pulled Pork Or Southwestern Beef Crisp Caesar Salad Dinner Roll</p> <p>A variety of Chilled Fruit &amp; Vegetable Bar Variety of Milk</p>	<p><b><u>Popcorn Chicken Bowl</u></b> Crispy Chicken Bites Cheddar Cheese Local Mashed Potatoes Gravy &amp; Dinner Roll Seasoned Corn</p> <p>A variety of Chilled Fruit &amp; Vegetable Bar Variety of Milk</p>	<p><b><u>Build your own Salad Station</u></b> Create your own masterpiece! Using Fresh Local Produce and Salad Toppings &amp; finish it off with Grilled Chicken or Marinated Tofu</p> <p>A variety of Chilled Fruit &amp; Vegetable Bar Variety of Milk</p>	<p><b><u>"Global Eats China"</u></b> General Tso's Chicken Or Chicken &amp; Vegetable Dumplings Lucky Fried Rice Chinese Stir Fried Vegetables</p> <p>A variety of Chilled Fruit &amp; Vegetable Bar Variety of Milk</p>
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<p><b><u>Chicken Mania</u></b> Crispy Chicken Bites Tossed in a Variety of Sauces Offered with French Fries</p> <p>A variety of Chilled Fruit &amp; Vegetable Bar Variety of Milk</p>	<p><b><u>Sono Station</u></b> <b><u>Special Grilled Chicken Fajitas</u></b> Grilled Chicken, Peppers &amp; Onions Soft Flour Tortilla Cilantro Lime Rice Ranch Corn Salad</p> <p>A variety of Chilled Fruit &amp; Vegetable Bar Variety of Milk</p>	<p><b><u>So Deli</u></b> <b><u>Fresh Made to Order Deli Sandwiches</u></b> Potato Salad, Macaroni Salad, Cole Slaw House Made Pickles</p> <p>A variety of Chilled Fruit &amp; Vegetable Bar Variety of Milk</p>	<p><b><u>"Loaded Potato Bar"</u></b> Crispy Fries or Tater Tots Topped with Creamy Cheddar Cheese Sauce Beef or Veggie Chili Sour Cream &amp; Scallions</p> <p>A variety of Chilled Fruit &amp; Vegetable Bar Variety of Milk</p>	<p><b><u>Picnic Lunch</u></b> Beef Burgers or All Beef Hot Dogs Pasta &amp; Potato Salad Garden Salad Sliced Watermelon</p> <p>A variety of Chilled Fruit &amp; Vegetable Bar Variety of Milk</p>
<b>19</b>	<b>20</b>			
<b><u>"Juneteenth"</u></b> <b><u>No School</u></b>	<b><u>"Last Day of School"</u></b> <b><u>½ Day Grab &amp; Go Bag Lunches</u></b> <b><u>"Have a Great Summer"</u></b>			
			<p><b><u>Breakfast is Offered Daily</u></b> Menu Rotation Is posted on the District Website You may also view the menu on the Nutrislice App on your mobile device</p>	<p>Melissa M. Read Director of Dining Services Please contact me with any question. <a href="mailto:Melissa.Read@compass-usa.com">Melissa.Read@compass-usa.com</a> Please let us know if you have a medically documented food allergy, so we may work with you to create and implement a menu plan.</p>

## Middle & High School

### Available daily:

Three Cheese Pizza & Pepperoni Pizza

### Daily Specials:

Monday- Buffalo Chicken Pizza

Tuesday- Broccoli & Cheese Calzone

Wednesday-Garlic Chicken Pizza

Thursday- Taco pizza

Friday- Italian Stromboli

## grilled

### Available daily:

Hamburger, Cheeseburger & Chicken Nuggets Offered w/Dinner Roll

### Daily Specials:

Monday - Hot Dog on a Roll

Tuesday - Grilled Chicken Ranch BLT

Wednesday - Beef, Bean and Cheese Burrito

Thursday - Italian Meatball Sub

Friday - Crispy Fish Sticks w/ Oven Baked Fries, Tartar Sauce & Dinner Roll



## Vegetarian Options

### Available daily:

Veggie Burger, Garden Salad w/Egg, Cheese Pizza & Yogurt Parfait

### Daily Specials:

Monday - Sun butter & Jelly Sandwich

Tuesday - Grilled Cheese Sandwich

Wednesday - Hummus Fun Lunch

Thursday - Mozzarella Sticks w/Marinara Sauce & Dinner Roll

Friday - Cheese Pizza

## ON THE GO

### Daily Deli/Salad Specials may include:

Buffalo Chicken Sandwich or Salad Plate

Chicken Caesar Wrap or Salad Plate

Turkey & Cheese BLT Sandwich

Italian Hoagie

Chef w/ Meat Salad Plate

Chef w/Egg Salad Plate

Tuna Sandwich or Salad Plate

Greek Salad Chicken Wrap or Salad Plate

Veggie Wrap

All entrée are offered with Whole Grain Bread

All meals are offered with a variety of fresh fruits and vegetables--local when available.

All meals are offered with a choice milk (Skim, 1% low fat white or fat free chocolate).

Due to Ongoing Food Supply Issues Menu is subject to change.

This institution is an equal opportunity provider.