

**"Be a Waste  
Warrior"**



**Weekly Fresh Vegetable Offerings**  
**Monday: Baby Carrots with Dip**  
**Tuesday: Broccoli Bites with Dip**  
**Wednesday: Ripe Cherry Tomatoes**  
**Thursday: Power Peas**  
**Friday: Roasted Chickpeas**

**June Elementary 2023 Lunch Menu**

			<p><b>1</b></p> <p>1. Grilled Chicken Peppers &amp; Onion Quesadilla with Salsa Dip</p> <p>2. Yogurt Muffin Fun Lunch w/Granola &amp; String Cheese</p> <p>Oven Baked Fries A variety of Chilled Fruit &amp; Milk</p>	<p><b>2</b></p> <p>1. Cheese Pizza</p> <p>2. Chicken Caesar Salad Offered with a Dinner Roll</p> <p>Crisp Caesar Salad A variety of Chilled Fruit &amp; Milk</p>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<p>1. Crispy Fish Nuggets with Tartar Sauce</p> <p>2. Mozzarella Sticks with Marinara Sauce</p> <p>Oven Baked Fries A variety of Chilled Fruit &amp; Milk</p>	<p>1. Crispy Chicken Tenders Dinner Roll</p> <p>2. Hummus &amp; Veggie Fun Lunch w/Tortilla Chips &amp; String Cheese</p> <p>Marinated Cucumber &amp; Tomato Salad A variety of Chilled Fruit &amp; Milk</p>	<p>1. French Toast Sticks Breakfast Sausage</p> <p>2. Retro Cheese Pizza</p> <p>Roasted "Local" Carrot Fries A variety of Chilled Fruit &amp; Milk</p>	<p>1. Sweet &amp; Sour Popcorn Chicken Lucky Fried Rice Sautéed Peppers &amp; Onions</p> <p>2. Yogurt Muffin Fun Lunch w/Granola &amp; String Cheese</p> <p>Fresh Diced Sweet Watermelon A variety of Chilled Fruit &amp; Milk</p>	<p>1. Cheese Pizza</p> <p>2. Chicken Caesar Salad Offered with a Dinner Roll</p> <p>Citrus, Mandarin Cucumber Salad A variety of Chilled Fruit &amp; Milk</p>
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<p>1. Crispy Chicken Nuggets Offered with a Dinner Roll</p> <p>2. Mozzarella Sticks with Marinara Sauce</p> <p>Oven Roasted Zucchini Squash A variety of Chilled Fruit &amp; Milk</p>	<p>1. Nacho Fiesta Seasoned Beef Tortilla Chips Lettuce, Salsa &amp; Cheese</p> <p>2. Hummus &amp; Veggie Fun Lunch w/Tortilla Chips &amp; String Cheese Mexican Corn Salad A variety of Chilled Fruit &amp; Milk</p>	<p>1. All Beef Hot Dog</p> <p>2. Retro Cheese Pizza</p> <p>Cilantro Lime Coleslaw A variety of Chilled Fruit &amp; Milk</p>	<p>1. Grilled Chicken Sandwich Bacon, Lettuce &amp; Tomato</p> <p>2. Yogurt Muffin Fun Lunch w/Granola &amp; String Cheese</p> <p>Carrot &amp; Broccoli Salad A variety of Chilled Fruit &amp; Milk</p>	<p>1. Cheese Pizza</p> <p>2. Chicken Caesar Salad Offered with a Dinner Roll</p> <p>Spinach &amp; Strawberry Salad A variety of Chilled Fruit &amp; Milk</p>
<b>19</b>	<b>20</b>			
<p><b>"Juneteenth"</b> <b>No School</b></p>	<p>"Last Day of School!" Have a Great Summer!</p> <p>1. Classic Cheeseburger</p> <p>2. Sunbutter &amp; Jelly Sandwich</p> <p>Veggie Pasta Salad A variety of Chilled Fruit &amp; Milk</p>			
			<p><b>Breakfast is Offered Daily</b> Menu Rotation Is posted on the District Website You may also view the menu on the Nutrislice App on your mobile device</p>	<p>Melissa M. Read Director of Dining Services Please contact me with any question. <a href="mailto:Melissa.Read@compass-usa.com">Melissa.Read@compass-usa.com</a> Please let us know if you have a medically documented food allergy, so we may work with you to create and implement a menu plan.</p>

All items are made with whole grains.  
 All meals are served with a variety of fruits and vegetables--local when available.  
 All meals are served with milk (1% low fat white, Skim or fat free chocolate).  
 Due to Recent Food Supply Issues Menu is subject to change.

This institution is an equal opportunity provider.