

## December Elementary 2022 Lunch Menu

<p><b>Weekly Fresh Vegetable Offerings</b>  <b>Monday: Power Peas</b>  <b>Tuesday: Broccoli Bites with Dip</b>  <b>Wednesday: Ripe Cherry Tomatoes</b>  <b>Thursday: Baby Carrots with Dip</b>  <b>Friday: Roasted Chickpeas</b></p>	<p><b><u>Breakfast is Offered Daily</u></b>  Menu Rotation  Is posted on the District Website  You may also view the menu on the Nutrislice App on your mobile device.</p>		<p><b>1</b></p> <p>1.Chicken Nuggets w/ Dinner Roll</p> <p>2.Yogurt Fun Lunch</p> <p><b>Local Seasoned Roasted Beets</b> A variety of Chilled Fruit &amp; Milk</p>	<p><b>2</b></p> <p>1.Cheese Pizza</p> <p>2. Egg &amp; Cheese on a Freshly Baked Bagel</p> <p>Garden Salad A variety of Chilled Fruit &amp; Milk</p>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<p>1.Grilled Chicken Sandwich with Bacon, Lettuce &amp; Tomato</p> <p>2. Sunbutter &amp; Jelly Sandwich</p> <p>Local Italian Parmesan Roasted Potatoes A variety of Chilled Fruit &amp; Milk</p>	<p>1.General Tso's Chicken Lucky Fried Rice</p> <p>2. Three Cheese Quesadillas Salsa Dip</p> <p>Broccoli Bites with Dip A variety of Chilled Fruit &amp; Milk</p>	<p>1.Pasta with Italian Meat Sauce Local Dinner Roll</p> <p>2. Retro Cheese Pizza</p> <p>Local Zucchini Chips A variety of Chilled Fruit &amp; Milk</p>	<p>1.Texas Style Grilled Cheese Sandwich</p> <p>2. Yogurt Fun Lunch</p> <p>Local Greek Potato Salad A variety of Chilled Fruit &amp; Milk</p>	<p>1.Cheese Pizza</p> <p>2. Egg &amp; Cheese on a Freshly Baked Bagel</p> <p>Spinach &amp; Cranberry Salad A variety of Chilled Fruit &amp; Milk</p>
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<p>1. Mini Maple Waffles Yogurt Cup, Maple Syrup String Cheese</p> <p>2. Sun butter &amp; Jelly Sandwich</p> <p>Potato Hash Brown A variety of Chilled Fruit &amp; Milk</p>	<p>1. Nacho Fiesta Seasoned Beef over Tortilla Chips Lettuce, Salsa &amp; Cheese</p> <p>2. Three Cheese Quesadillas Salsa Dip</p> <p>Mexican Corn Salad A variety of Chilled Fruit &amp; Milk</p>	<p>1. Italian Meatball Sandwich</p> <p>2. Retro Cheese Pizza</p> <p>Sauteed Kale &amp; Tomato A variety of Chilled Fruit &amp; Milk</p>	<p>1.Crispy Chicken Tenders Local Mashed Potatoes and Gravy</p> <p>2. Yogurt Fun Lunch</p> <p>Cucumber &amp; Tomato Salad A variety of Chilled Fruit &amp; Milk</p>	<p>1.Cheese Pizza</p> <p>2. Egg &amp; Cheese on a Freshly Baked Bagel</p> <p>Caesar Salad A variety of Chilled Fruit &amp; Milk</p>
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<p>1.Popcorn Chicken Local Mashed Potatoes Gravy &amp; Dinner Roll</p> <p>2.Sunbutter &amp; Jelly Sandwich</p> <p>Seasoned Corn A variety of Chilled Fruit &amp; Milk</p>	<p>1. Hot dog on a Roll</p> <p>2. Three Cheese Quesadillas Salsa Dip</p> <p>Baby Carrots with Dip A variety of Chilled Fruit &amp; Milk</p>	<p>1. Crispy Fish Sticks Dinner roll Tartar sauce</p> <p>2. Retro Cheese Pizza</p> <p>Zesty Coleslaw A variety of Chilled Fruit &amp; Milk</p>	<p>1. Macaroni &amp; Cheese with Local Butternut Squash Dinner Roll</p> <p>2. Yogurt Fun Lunch</p> <p>BBQ Baked Beans A variety of Chilled Fruit &amp; Milk</p>	<p><b>Holiday Break</b></p>
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
<p><b>Holiday Break</b></p>	<p><b>Holiday Break</b></p>	<p><b>Holiday Break</b></p>	<p><b>Holiday Break</b></p>	<p><b>Holiday Break</b></p>

All items are made with whole grains.

All meals are served with a variety of fruits and vegetables--local when available.

All meals are served with milk (1% low fat white, Skim or fat free chocolate).

Due to Recent Food Supply Issues Menu is subject to change.

This institution is an equal opportunity provider.