

August/September Elementary 2022 Lunch Menu

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| <p>Melissa M. Read Director of Dining Services Please contact me with any question. Melissa.Read@compass-usa.com Please let us know if you have a medically documented food allergy, so we may work with you to create and implement a menu plan.</p> | <p>Breakfast Reduced .30 Paid 1.30 Lunch Reduced .40 Paid 2.70 Please be sure to fill out and submit your lunch application, available online. You may place money on your child's account by setting up an account on Myschoolbucks.com</p> | <p>31 1. Hot Dog on a Roll 2. Hummus Fun Lunch Potato Puffs A variety of Chilled Fruit & Milk</p> | <p>1 1. Chicken Nuggets w/ Dinner Roll 2. Yogurt Fun Lunch Hearty Spinach Vegetable Salad A variety of Chilled Fruit & Milk</p> | <p>2 1. Cheese Pizza 2. Grilled Chicken Caesar Salad Dinner Roll Garbanzo Bean Salad Garden Salad A variety of Chilled Fruit & Milk</p> |
| <p>5 1. Cheeseburger on a <u>Local</u> Bun 2. Sunbutter & Jelly Sandwich Oven Baked Fries A variety of Chilled Fruit & Milk</p> | <p>6 1. "Bellissimo" - Beautiful Sautéed Pasta Dish Grilled Chicken Breast, Crispy Bacon, Fresh Spinach & Grape Tomatoes Sautéed with Ranch Spices & Herbs, Olive Oil & Penne Pasta <u>Local</u> Dinner Roll 2. Grilled Cheese Sandwich <u>Local</u> Garden Salad A variety of Chilled Fruit & Milk</p> | <p>7 1. General Tso's Chicken Lucky Fried Rice 2. Hummus Fun Lunch Steamed Broccoli A variety of Chilled Fruit & Milk</p> | <p>8 1. Chicken Sandwich 2. Yogurt Fun Lunch Marinated Tomato Cucumber Salad A variety of Chilled Fruit & Milk</p> | <p>9 1. Cheese Pizza 2. Grilled Chicken Caesar Salad Dinner Roll Roasted Garbanzo Beans Caesar Salad A variety of Chilled Fruit & Milk</p> |
| <p>12 1. Waffles Yogurt Cup, Maple Syrup 2. Sunbutter & Jelly Sandwich Seasoned Home fries A variety of Chilled Fruit & Milk</p> | <p>13 1. Nacho Fiesta Seasoned Beef over Tortilla Chips Lettuce, Salsa & Cheese 2. Grilled Cheese Sandwich Garden Salad A variety of Chilled Fruit & Milk</p> | <p>14 1. Turkey & Gravy Local Mashed Potatoes Dinner Roll Cranberry Sauce 2. Hummus Fun Lunch Hearty Garden Salad A variety of Chilled Fruit & Milk</p> | <p>15 1. Homemade Mac & Cheese Local Dinner Roll 2. Yogurt Fun Lunch Hot Buttered Peas A variety of Chilled Fruit & Milk</p> | <p>16 1. Cheese Pizza 2. Grilled Chicken Caesar Salad Dinner Roll Black Bean Salad Caesar Salad A variety of Chilled Fruit & Milk</p> |
| <p>19 1. Popcorn Chicken Local Mashed Potatoes Gravy & Dinner Roll 2. Sunbutter & Jelly Sandwich Seasoned Corn A variety of Chilled Fruit & Milk</p> | <p>20 1. Meatball Sandwich 2. Grilled Cheese Sandwich Garden Salad A variety of Chilled Fruit & Milk</p> | <p>21 1. Meat Loaf Mashed Potatoes Gravy & Dinner Roll 2. Hummus Fun Lunch Local Confetti Cole slaw A variety of Chilled Fruit & Milk</p> | <p>22 1. Hot Dog on a Roll 2. Yogurt Fun Lunch Local Cranberry Kale Salad A variety of Chilled Fruit & Milk</p> | <p>23 1. Cheese Pizza 2. Grilled Chicken Caesar Salad Dinner Roll Roasted Garbanzo Beans Hearty Garden Salad A variety of Chilled Fruit & Milk</p> |
| <p>26 1. French Toast Sticks Yogurt Cup 2. Sunbutter & Jelly Sandwich Seasoned Home fries A variety of Chilled Fruit & Milk</p> | <p>27 1. Quesadillas Chicken & Cheddar Cheese 2. Grilled Cheese Sandwich Roasted Carrot Fries A variety of Chilled Fruit & Milk</p> | <p>28 1. Chicken Pot Stickers w/ Sweet n Sour Sauce Lucky Fried Rice 2. Hummus Fun Lunch Edamame Salad A variety of Chilled Fruit & Milk</p> | <p>29 1. Chicken Tenders w/ Mashed Potatoes 2. Yogurt Fun Lunch Broccoli Bites w/Dip A variety of Chilled Fruit & Milk</p> | <p>30 1. Cheese Pizza 2. Grilled Chicken Caesar Salad Dinner Roll Garbanzo Bean Salad Caesar Salad A variety of Chilled Fruit & Milk</p> |

All items are made with whole grains.

All meals are served with a variety of fruits and vegetables--local when available.

All meals are served with milk (1% low fat white or fat free chocolate).

Due to Recent Food Supply Issues Menu is subject to change.

This institution is an equal opportunity provider.