

East Providence April 2022 Secondary Lunch Menu



Available daily:

Fresh Baked Pizzas
Served with Your Choice of Fresh Hot or Cold Vegetables, Salad, and Fruit

Daily Specials:

Monday- Buffalo Chicken Pizza
Tuesday- Taco Pizza
Wednesday- Meat lovers Pizza
Thursday- BBQ Chicken
Friday- Veggie Pizza

Cheese & Pepperoni Pizza available Daily

				1 Miso Chicken Ramen Bowl Chicken or Tofu Savory Broth Fresh Blend of Steamed Asian Vegetables Dinner Roll
Additional "Local" Specialty Salads Featured on our self-serve Fruit & Veggie Stations!				
47	5	6	7	8
Brunch for Lunch Southwest Breakfast Bowl or Build Your Own Breakfast Sandwich Home fries Fresh Cut Fruit	Three Cheese Quesadilla or Beef or Chicken Nachos /Tacos Lettuce, Salsa, Cheese Sour Cream Refried Beans Mexican Rice 	Homemade Mac & Cheese Bar Optional Toppings Buffalo Chicken or Ham Steamed Broccoli Dinner Roll	*New Greek Gyro Station Grilled Chicken or Veggie On A Warm Flat Bread Topped with Cucumbers & Tomatoes Tzatziki Sauce "Local" Greek Potato Salad	Pannini Sandwich Featuring: Deluxe Crispy Chicken Wrap w/ Buffalo or BBQ Sauce for Dipping Oven Baked Fries Hot Apple Crisp
11	12	13	14	15
Smoothie/ Yogurt Parfait Station Featuring Fresh Fruits & Veggies Served with Cheese Cubes & Cinnamon Grahams	Enchiladas or Beef or Chicken Nachos/Tacos Lettuce, Salsa, Cheese, Sour Cream Rice & Beans Ranch Corn Salad 	Pasta Bar Italian Marinara Sauce Homemade Cheese Sauce Meat Sauce Meatballs or Italian Sausage Your Choice Served Over Spaghetti or Ziti Garlic Bread "Local" Roasted Vegetable	"The Sandwich Shop" Fresh Sliced Turkey Or Italian Sandwich Customized with your choice of toppings! Served with Oven Fries Broccoli& Carrot Salad	Good Friday No School
18	19	20	21	22
Spring Recess	Spring Recess	Spring Recess	Spring Recess	Spring Recess
25	26	27	28	29
General Tso Chicken Lucky Fried Rice Stir Fried Veggies Fortune Cookie	Taco Salad Bowl or Beef or Chicken Nachos/Tacos Lettuce, Salsa, Cheese, Sour Cream Refried Beans Rice & Beans 	"Southern BBQ" Pulled Pork Sandwich or Roasted BBQ Chicken Cuban Corn & Pineapple Salsa Corn Bread	Oven Roast Turkey Stuffing & Gravy Scalloped Potatoes "Local" Butternut Squash Dinner Roll	Spring Salad bar Featuring Watermelon, Feta and Avocado Salad Toasted French Bread Or Asian Pineapple Chicken Salad

All items are made with whole grains.

All meals are served with a variety of fruits and vegetables, local when available.

All meals are served with milk (1% low fat white or fat free chocolate.

Menu is subject to change. Any questions contact Melissa.Read@compass-usa.com office 401-270-8138

This institution is an equal opportunity provider.

grilled

Monday – Italian Meatball Sub
Tuesday- "Townie" BBQ Bacon Burger
Wednesday- Triple Grilled Cheese
Thursday-Buffalo Chicken Sandwich
Friday-Chicken Tenders with Fries

Available daily:

Hamburger, Cheeseburger, Chicken Nuggets, Veggie Burgers
Chicken Sandwich
Served with Your Choice of Fries, Fresh Hot or Cold Vegetables, Salad, and Fruit

Daily Vegetarian Options

Monday – Veggie Burger 
Tuesday – Mozzarella Sticks with Marinara Sauce
Wednesday – Grilled Cheese
Thursday – Yogurt Parfait
Friday – Cheese Pizza
Served with Your Choice of Fries, Fresh Hot or Cold Vegetables, Salad, and Fruit

ON THE GO

Assorted pre-packaged entrée salads and deli sandwiches offered with fruits, vegetables and milk.

Daily Specials may include:

Assorted, Buffalo Chicken Salad, Yogurt Parfait, Chicken Caesar Wrap or Salad, Turkey & Cheese Pretzel Roll, Veggie Wrap, Italian Sub