

# East Providence Elementary

## Lunch Menu November 2018

Student: \$2.70 Reduced: .40¢ Adult: \$3.50 Milk/Water .55¢

A full student lunch includes a choice of entrée supplying protein and whole grain, One (1) vegetable side dish, two (2) fruit side dishes, and a choice of milk or water. Milk choices include 1% white and skim chocolate

\* Non Universal Schools Breakfast Student: 1.30 Reduced: .30



Monday	Tuesday	Wednesday	Thursday	Friday
		<p><b>*Featured Fresh Veggies</b>  <b>Monday: Baby Carrots</b>  <b>Tuesday: Power Peas</b>  <b>Wednesday: Broccoli</b>  <b>Thursday: Cherry Tomato</b>  <b>Friday: Caesar Salad</b></p>	<p>1. Chicken Nuggets offered with Sliced Bread &amp; Dipping Sauce                      Cucumber Wheels</p>	<p>2. Classic Cheese Pizza                      2. Yogurt, Muffin Fun Lunch                      Roasted Garbanzo Beans                      Sweet Corn Salad with Ranch Dressing</p>
<p><b>Alternate Meals: Monday-Thursday 2. Pizza Rectangles 4X6 3. Italian Sub</b></p>				
<p>5. 1. Mini Maple Burst Pancakes                      Strawberry Yogurt                      Seasoned Home fries</p>	<p>6. Election Day No School  </p>	<p>7. 1. Homemade BBQ Pulled Pork on a Pretzel Roll                      Tangy Coleslaw</p>	<p>8. 1. Mexican Beef Nachos With Toppings                      Refried Beans                      Corn Salad  </p>	<p>9. 1. Classic Cheese Pizza                      2. Yogurt, Muffin Fun Lunch                      Roasted Garbanzo Beans</p>
<p><b>Alternate Meals: Monday - Thursday 2. Popcorn Chicken with Sliced Bread 3. Tuna Sub</b></p>				
<p>12. Veterans Day No School  </p>	<p>13. 1. Chicken Tenders Offered with Sliced Bread                      Orange Glazed Carrots</p>	<p>14. 1. All Beef Hot Dog On a Roll                      Cowboy Baked Beans</p>	<p>15. 1. Roast Turkey &amp; Gravy Local Mashed Potato's                      *Cranberry Sauce                      Vienna Bread                      Hearty Garden Salad</p>	<p>16. 1. Classic Cheese Pizza                      2. Yogurt, Muffin Fun Lunch                      Sweet Corn Salad with Ranch Dressing</p>
<p><b>Alternate Meals: Monday - Thursday 2. Crispy Chicken Patty Sandwich 3. Ham &amp; Swiss on a Pretzel Roll</b></p>				
<p>19. 1. Home style Meatloaf                      Mashed Potatoes                      Gravy                      Dinner Roll                      Carrot Raisin salad</p>	<p>20. 1. Beef Soft Taco's                      Seasoned Refried Beans With Toppings                      Garden salad</p>	<p>21. Thanksgiving Holiday</p>	<p>22.  </p>	<p>23. Thanksgiving Holiday</p>
<p><b>Alternate Meals: Monday - Thursday 2. Chicken Nuggets with Dinner roll 3. Turkey Club Wrap</b></p>				
<p>26. 1. French Toast Sticks With Syrup                      Yogurt                      Seasoned Homefries</p>	<p>27. 1. Shepherd's Pie With Gravy                      Dinner Roll                      *Spinach &amp; Cranberry Salad</p>	<p>28. 1. Popcorn Chicken Bowl                      Mashed Potatoes                      Dinner Roll                      Seasoned Corn</p>	<p>29. 1. Homemade Macaroni &amp; Cheese                      Dinner Roll                      Caesar Salad</p>	<p>30. 1. Classic Cheese Pizza                      2. Yogurt, Muffin Fun Lunch                      Roasted Garbanzo Beans</p>
<p><b>Alternate Meals: Monday-Thursday 2. Crispy Chicken Salad with Sliced Bread 3. Classic Hamburger on a Bun</b></p>				



If you have any **food allergies**, please let us know!  
 Director of Dining Services, Melissa Read 1-401-270-6551

This Institution is an equal opportunity Provider and Employer

**\*Discovery Kitchen Cranberries**